I’d like to start by saying thank you to the students, staff and community for welcoming me to Coorparoo Secondary College (CSC). In my short time at the college I have found everyone warm, friendly and accommodating. I’d also like to wish the past Principal Gavin Bryce the best of luck at Springfield Central SHS.

As we are beginning our 2015 journey we must take the time to reflect and celebrate the successes this college had in 2014. Our year 12 students have all graduated with a Queensland Certificate of Education (QCE) and 100% of our students with an Overall Position (OP) were in the range of 1 to 15. It should also be noted that 82% of our graduating seniors received a nationally recognised vocational qualification. This is a magnificent achievement and congratulations must go to the students, teachers and parents for their hard work and dedication. Now that we’ve proven we can obtain perfect results, we cannot lower the benchmark and therefore must strive for this outcome again in 2015.

Our agenda has not changed we are still focusing on the following:

- Every Student, Every Classroom, Every Day
- In class, On Time, On Task
- Actively Learning, Actively Working

To develop this agenda our Annual Implementation Plan states that we will engage with literacy and numeracy consultants, coach our teaching staff, target setting with all our students in all subjects and deliver our 1:1 laptop program for year 7 and 8 students. We will continue to grow our relationship with Brisbane School of Distance Education to take advantage of the curriculum delivery and technologies we can imbed into our school.

I was privileged to meet new parents of CSC at the welcoming fundraiser hosted by P & C and Arts Support Group. It was such a wonderful event and thank you to our community partners ICE (Institute of Culinary Excellence) for organising the finger foods that we all enjoyed. Thank you to all teachers that gave up their time to come along and welcome the parents to our community.

It gives me great pleasure to announce that Emily Kinchin has nominated and been accepted to take part in the Lord Mayor’s Youth Advisory Council for 2015. This is a great opportunity for Emily to develop leadership skills and represent our college in the wider community. Also Febryala Walekwate has been selected for a Creative Generation – State Schools Onstage (CGEN) 2015 call-back audition so we wish her all the best for this on the 3 March 2015.

On a final note, it was an honour to be a part of our Senior Leaders’ Induction Ceremony earlier this week. I want to congratulate the Leaders and Seniors of 2015 and wish them all a very successful and rewarding year. I would also like to thank Mr Joe Kelly, State Member for Greenslopes for attending and assisting with the presentation of the badges and Mrs Tumini, Deputy Principal, for her tireless effort in ensuring that the event was a memorable one.
Senior Secondary students is to be consistent and persistent in their work efforts, to achieve the best results possible for them. I have informed my students that gaining a ‘C’ is not enough if they are capable of better. Mediocrity is not enough if students are planning on embarking on further study after year 12. Students should be encouraged to push the boundaries of their capabilities to achieve outside their personal comfort zones.

Teachers are currently in discussion with their students on personal targets for each of their subjects. The purpose of this is to focus a student on what they are achieving and provide a direction for improvement.

Students in year 12 have been specifically asked to speak with each of their teachers about their current results and find out where they are in each of their subject cohorts. They have been asked to discuss with their teacher about what they can do to improve each subject result. This collaborative consultation process is vital, if students are to show progress in their work and ultimately achieve the best results possible.

**Assessment Reminder:**

**Semester 1 Assessment Planners:**

Assessment planners across year 7 – 12 will be distributed in Form during week 5 of Semester 1. The planner is to be used as a tool to assist students in the management of their time with regard to their studies. Students should use the planner to structure their study needs over the week, term and semester.

Assignments are a key tool used by teachers to assess students in their understanding of their subject areas. Unfortunately not all students turn in their assignment work and some hand them in after the due date. The College Assessment Policy (page 11-14) clearly outlines the expectations around students the issue of assessment. Please discuss this with your son or daughter.

In brief, the policy requires all students to submit their assignments by the due date. Failure to do so will result in the student being assessed on what the teacher has seen completed in the lead up to the due date, draft documents or check list data. Results in this case, are unlikely to be as successful, had the project been submitted on time. If a student requires an extension on their task then an extension request needs to be placed with the Head of Department of that relevant department. We understand that there can be extenuating circumstances that prevent the submission of work by due dates so please access extension request process.

**Senior Leadership:**

This week has seen two important events occur.

On Tuesday the 24th February, the College witnessed the Induction of the 2015 Senior Leaders. I was extremely proud of the group as they fulfilled their first official duties. I believe that 2015 will be a good year. I would also like to recognise the students who were elected by their peers as their Form representative for the Student Representative Council (SRC).

Recipients of this year’s Leadership badges are as follows:

- College Captains: - Skender Smajlovic & Eryn Smith
- College Vice Captains: - Liam Watson & Bonnie James
- SRC Captains: - Roger Si & Tonisha Burford
- Titan House Captains: - Chase Black & Jennifer Janaun
- Apollo House Captains: - Liam Watson & Kazlyn Steuer
- Orion House Captains: - Steven Harse & Nicko Pardoen
- Arts Captains: - Saxon Atkinson & Jennifer Janaun
- Environment Captains: - Riley Webb & Victoria Kiddie Pasifa
- Sports Captains: - -

The second event was held the following day. An academic assembly was held on Wednesday, the 25th. The ceremony celebrated the academic achievements of students from semester 2, 2014. Students were awarded a bronze, silver and gold based on the following criteria.

- **Bronze Award Criteria:** Minimum of 3 B’s nothing under a C
- **Silver Award Criteria:** Minimum of 5 B’s nothing under a C
- **Gold Award Criteria:** Minimum of 5 A’s nothing less than a B

It is great to see students striving to achieve their best. Well done recipients.

**DATE CLAIMER:**

10th March: Year 11 & 12 Senior Schooling Information evening — 6pm to 7.30pm – College Auditorium

**Allison Tumini**

**Deputy Principal**

**Year 7 & 8 Camp 2015**

On Monday 2nd February, the year 7 and 8 students were taken to Lake Moogerah for their Orientation Camp. Students were very excited boarding their buses, ready for a camp full of adventure and the great unknown. After a lovely bus trip, students arrived and loved that they had their own cabins. Beds were made and bags put away ready for the first activity. Students were placed in 5 groups and each group had a great ‘numbering off’ strategy to make sure everyone was always accounted for. The record goes to group 3 with 15 people counted in 5.83 seconds!

Students participated in activities such as team building, tower building, kayaking, raft building, bush survival and a mud mission course. The teachers were heavily involved in each activity and the students loved to see them jumping in the mud! In the evenings, we went on a night hike and played a massive game of spotlight! The bon fire was lovely on our last night, where students made damper and guessed the truths and lies from our teachers.

Our wonderful students did a great jobs in their duty groups and enjoyed serving and cleaning up after each other. Students seemed to like waking up early and a group even went jogging with Ms Jackson at 5.30am! Feedback from the camp has been
extremely positive. The camp staff have commented that this group was the best group in 12 years!

Congratulations students on your excellent behaviour, participation and contribution to the team. We have a wonderful group of safe, responsible and respectful students. Thankyou very much too all the wonderful staff who made the camp possible. Your contribution was very much appreciated.

Maths & Science Department

2015 has seen some changes in the Mathematics and Science departments. I would like to welcome the following new staff to the team: Ms Sarah Witt (Year 7 Mathematics and Science teacher) and Mr Pitou Ieng (Junior Mathematics and Science teacher). This year I look forward to working with my incredible team of teachers, scientific officer and support staff to ensure that student outcomes are maximised.

This year the Mathematics and Science department will continue to offer tutorials to students. The tutorial details for 2015 are as follows:

<table>
<thead>
<tr>
<th>DAY</th>
<th>TIME</th>
<th>LOCATION</th>
<th>SUPERVISING STAFF</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday</td>
<td>1 – 1:40 pm</td>
<td>J203</td>
<td>Ms Roussos, Mrs Weitkus, Ms Witt</td>
</tr>
<tr>
<td>Friday</td>
<td>1 – 1:40 pm</td>
<td>J201</td>
<td>Ms Harrison, Mr Edwards</td>
</tr>
</tbody>
</table>

Students have also been provided other times when their teachers are available for extra support as teachers are also involved in lunch time sport coaching and other duties.

This year we will be offering students in years 9-12 to participate in the Griffith Sciences STEM Ambassador Program. This program aims to promote Science, Technology, Engineering and Mathematics to students in Queensland secondary schools. We will provide further information regarding this program once it has been made available to the school.

The workplace health and safety requirements are that students participating in practical experiments must wear impervious shoes with a non-slip sole, hair tied back and common sense. Students are required to bring the following to each lesson: text book, exercise book, diary and general stationery (USB, pens, pencils, ruler, eraser and calculator). Students are expected to be participating in all aspects of the subject, including regular homework as per term planner. A term planner is provided to the students at the commencement of each term and placed in their workbook.

It is essential students meet assessment and draft audit dates. If an extension of these dates is required application must be made through the Head of Department, Melissa Roussos, prior to the due date. All year 11 & 12 students if absent on day of assessment must supply a medical certificate and this must be handed into student records. For more explicit information consult the assessment policy in the College diary.

We take your student’s education seriously and would be pleased to talk to you about any issues that come up or ways in which we can assist your child to do as well as possible. If you would like to discuss any concerns please contact your student’s teacher or myself.

Melissa Roussos
Head of Department Mathematics and Science

News from Yr 7 & 8 Japanese Classes

It’s week 4 in Japanese and the students have begun learning the alphabet or hiragana. Activities enjoyed included calligraphy, manga and role play. Students are learning to use language with gestures and song. Ninja and geisha visited the classroom. There was quality in students’ work.

Sport Trial Dates

South District Trials

<table>
<thead>
<tr>
<th>MARCH</th>
<th>Monday 2nd / Tuesday 3rd</th>
<th>Hockey – 19 yrs &amp; Under Boys</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Hockey – 19 yrs &amp; Under Girls</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Australian Rules Football – 15 yrs &amp; Under Boys</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Basketball – 18 yrs &amp; Under Boys</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Basketball – 18 yrs &amp; Under Girls</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Football – 19 yrs &amp; Under Boys</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Football – 19 yrs &amp; Under Girls</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Netball – 15 yrs &amp; Under Girls</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Netball – 19 yrs &amp; Under Girls</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Rugby League – 15 yrs &amp; Under Boys</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Rugby League – 18 yrs &amp; Under Boys</td>
</tr>
</tbody>
</table>
**Lytton Primary District Trials**

**MARCH**
- Monday 16th: District Girls Touch
- Tuesday 17th: District Boys Touch
- Wednesday 18th: District Rugby League
  - District Boys Basketball
- Thursday 19th: District Girls Basketball
- Thursday 26th: District Girls Hockey
- Monday 30th: District Boys Softball
- Tuesday 31st: District Soccer

**APRIL**
- Thursday 23rd: District Cross Country
- District Girls Softball

---

**News from the Guidance Officer**

**Teenagers and sleep**

Sleep research suggests that a teenager needs between nine and 10 hours of sleep every night. This is more than the amount a child or an adult needs. Yet most adolescents only get about seven or eight hours. Some get less.

Regularly not getting enough sleep leads to chronic sleep deprivation. This can have dramatic effects on a teenager’s life, including reduced academic performance at school. One recent US study found that lack of sleep was a common factor in teenagers who receive poor to average school marks.

**Causes of sleep deprivation**

Some of the reasons why many teenagers regularly do not get enough sleep include:

- **Hormonal time shift** – puberty hormones shift the teenager’s body clock forward by about one or two hours, making them sleepier one to two hours later. Yet, while the teenager falls asleep later, early school starts don’t allow them to sleep in. This nightly ‘sleep debt’ leads to chronic sleep deprivation.
- **Hectic after-school schedule** – homework, sport, part-time work and social commitments can cut into a teenager’s sleeping time.
- **Leisure activities** – the lure of stimulating entertainment such as television, the Internet and computer gaming can keep a teenager out of bed.
- **Light exposure** – light cues the brain to stay awake. In the evening, lights from televisions, mobile phones and computers can prevent adequate production of melatonin, the brain chemical (neurotransmitter) responsible for sleep.
- **Vicious circle** – insufficient sleep causes a teenager’s brain to become more active. An over-aroused brain is less able to fall asleep.
- **Social attitudes** – in Western culture, keeping active is valued more than sleep.
- **Sleep disorder** – sleep disorders, such as restless legs syndrome or sleep apnoea, can affect how much sleep a teenager gets.

**Effects of sleep deprivation**

The developing brain of a teenager needs between nine and 10 hours of sleep every night. The effects of chronic (ongoing) sleep deprivation may include:

- Concentration difficulties
- Mentally ‘drifting off’ in class
- Shortened attention span
- Memory impairment
- Poor decision making
- Lack of enthusiasm
- Moodiness and aggression
- Depression
- Risk-taking behaviour
- Slower physical reflexes
- Clumsiness, which may result in physical injuries
- Reduced sporting performance
- Reduced academic performance
- Increased number of ‘sick days’ from school because of tiredness
- Truancy.

**Preventing sleep deprivation – tips for parents**

Try not to argue with your teenager about bedtime. Instead, discuss the issue with them. Together, brainstorm ways to increase their nightly quota of sleep. Suggestions include:

- Allow your child to sleep in on the weekends.
- Encourage an early night every Sunday. A late night on Sunday followed by an early Monday morning will make your child drowsy for the start of the school week.
- Decide together on appropriate time limits for any stimulating activity such as homework, television or computer games. Encourage restful activities during the evening, such as reading.
- Avoid early morning appointments, classes or training sessions for your child if possible.
- Help your child to better schedule their after-school commitments to free up time for rest and sleep.
• Assess your child’s weekly schedule together and see if they are overcommitted. Help them to trim activities.
• Encourage your child to take an afternoon nap after school to help recharge their battery, if they have time.
• Work together to adjust your teenager’s body clock. You may like to consult with your doctor first.

Preventing sleep deprivation – tips for teenagers

The typical teenage brain wants to go to bed late and sleep late the following morning, which is usually hard to manage. You may be able to adjust your body clock but it takes time. Suggestions include:

• Choose a relaxing bedtime routine; for example, have a bath and a hot milky drink before bed.
• Avoid loud music, homework, computer games or any other activity that gets your mind racing for about an hour before bedtime.
• Keep your room dark at night. The brain’s sleep–wake cycle is largely set by light received through the eyes. Try to avoid watching television right before bed. In the morning, expose your eyes to lots of light to help wake up your brain.
• Do the same bedtime routine every night for at least four weeks to make your brain associate this routine with going to sleep.
• Start your bedtime routine a little earlier than usual (for example, 10 minutes) after four weeks. Do this for one week.
• Add an extra 10 minutes every week until you have reached your desired bedtime.
• Avoid staying up late on the weekends. Late nights will undo your hard work.
• Remember that even 30 minutes of extra sleep each night on a regular basis makes a big difference. However, it may take about six weeks of getting extra sleep before you feel the benefits.
• Other issues to consider

If lack of sleep is still a problem despite your best efforts, suggestions include:

Assess your sleep hygiene. For example, factors that may be interfering with your quality of sleep include a noisy bedroom, a lumpy mattress or the habit of lying awake and worrying.

• Consider learning a relaxation technique to help you wind down in readiness for sleep.
• Avoid having any food or drink that contains caffeine after dinnertime. This includes coffee, tea, cola drinks and chocolate.
• Avoid recreational drugs (including alcohol, tobacco and cannabis) as they can cause you to have broken and poor quality sleep.
• See your doctor if self-help techniques don’t increase your nightly sleep quota.

Where to get help

• Your doctor
• Sleep disorder clinic

Things to remember

• Sleep research suggests that a teenager needs between nine and 10 hours of sleep every night.
• Chronic sleep deprivation can have dramatic effects on a teenager’s life, including reduced academic performance at school.
• Even 30 minutes of extra sleep each night makes a difference.
• All recreational drugs (including alcohol, caffeinated drinks and cannabis) and chocolate can cause broken sleep.

(information is from http://www.betterhealth.vic.gov.au/)

Sarah Round – Guidance Officer

From Helen the Nurse

A warm welcome to the new school year to everyone. I hope you all had a relaxing and healthy holiday. My name is Helen and I am the School Based Youth Health Nurse at Coorparoo Secondary College. My office is in E Block next to the Guidance Office and I am here every Friday and week 1 and 2 of the month on Wednesdays and week 3 and 4 of the month on Thursdays.

The Youth Health Nurse works with students, school staff and parents to:

• Address concerns of problems about health and wellbeing
• Help create a more supportive, healthy school environment
• Connect people to support services within and outside the school.

I work with individuals and school members to identify and act on issues that affect both the individual and the health of the school community. This includes helping with curriculum, teaching and learning activities, supporting an environment and school culture that supports health and wellbeing and working with the community and other services.

I can see young people in private to talk about – health concerns, relationships, sexual health, personal/family issues, smoking, alcohol and other drug use, referral to other services, feeling unhappy/stressed, puberty. Parents are also most welcome to phone me or make an appointment with any concerns about their child. I also put health information articles in the school newsletters so look out for those.

I look forward to meeting many of you in the coming year.

Helen
School Based Youth Health Nurse
Ph: 3394 8888
Chaplaincy Report 2015

Chaplaincy Report
What a great start to the year! It’s been so much fun welcoming the Year 7&8’s on board here at Coorparoo. Week one was a hit in The Hangar, the student recreation room, with plenty of students helping themselves to a game of pool or a cup of tea.

Week two was huge with the yr 7&8 camp at Lake Moogarrah and what a great time we all had getting to know each other and completing all of the activities.

Last week was the swimming carnival with everyone getting involved and cooling down on a hot day. Team spirits were high and it was wonderful to see so many students getting into the spirit of the carnival.

Breakfast Club has started with a bang with pancakes, muffins, muesli toast etc filling many a stomach in the morning.

All in all…a busy but brilliant start to what I’m sure will be a wonderful year!

Adult Education
Just a reminder that the Adult Education is still enrolling for 2015. Please call Hayley on 3394 8813 to book an appointment for enrolment.

P&C Welcome
Welcome to the Family - what a great way to start the year. I hope you were able to make it. The food was fantastic, thanks to our great friends at ICE. We had the first year apprentices produce the most amazing finger food for us while we mingled and made new friends.

We welcomed our lovely new Principal Kristie de Brenni, and are all looking forward to getting to know her over the coming months. We also had lots of new parents and students to welcome to our family. We are so lucky that members of our extended family could make it too. Thanks Councillor Helen Abrahams who made a generous donation to our raffle takings and Hon. Joe Kelly who stayed for our Arts Support AGM (ASG) and first P&C meeting of the year.

Thank you to the new parents who either signalled their interest in the P&C and ASG and a special thanks to those who stayed and were even elected to the new ASG Executive. Kerri Phillips-Smith remains Chair with Kate Watson our new Vice Chair. Our new ASG Treasurer is Ellie Pagram and Cheryl Laurent our new ASG Secretary. We also have two new faces for our Fund Raising arm – Shana Williams and Jon Seabrook.

It’s never too late to come and join us for one or more event throughout the year.

Kerri and I would like to thank all of our hard working ASG members for 2014. A special mention to our outgoing P&C Secretary, Dan, who moved interstate last year and Lynne our Treasurer. Their contribution has been invaluable.

We also had some very special helpers on the night. Thank you to our extremely talented students who help set up, sing, play and serve (Aiden, Cienna, Emily, Regan, Genevieve, Griffin, Kerlie & Lakoff).

If you couldn’t make it, not to worry. The P&C AGM will be held on Monday 16 March 2015 in the Administration Block (just out side the Principals Office) at 6.30pm. We have another big year ahead of us and we hope you can join us on the P&C this year. Thank you to those of you who have already signed up or re-joined.

We will be looking for a new Treasurer in 2015 for the P&C, please think about whether you would like to play a key role assisting the P&C with the financial control, budgeting and financial oversight. No formal qualifications are required just someone with an understanding of how to analyse numbers or how a business is run.

We are still looking for volunteers to help out in the Uniform Shop. Please contact me if you are interested.

As our Canteen gets busier and busier we’d love to hear from you if you are interested in volunteering in the Canteen too. Our wonderful staff are run off their feet, so if you have some experience and are available especially at break times give me a tingle!!

We look forward to sharing with you all the exciting things we are doing in and around the school this year. Don’t be shy if you think you can help please say so.

P&C AGM Monday 16 March 2015, 6.30pm

Georgina Kinchin
P&C President

Second Hand Uniforms
Needed junior girls short blue TIES!

Thank you to parents who have already generously donated unwanted uniforms of all kinds including blue shirts and blouses from our 2014 year 9’s who are now in white. If you have any uniform that you no longer need please donate it to the Uniform Shop.

Work Experience Program 2015

Greenslopes Private Hospital School Work Experience Program

SCHOOL WORK EXPERIENCE PROGRAM 2015

General

About the company

Greenslopes Private is the flagship hospital for Ramsay Health Care, Australia’s largest and most reputable private hospital operator. Greenslopes Private Hospital is renowned as a world
class, tertiary medical facility and is the leading private teaching hospital in the country.

About the program

Our School Work Experience Program is open to local high school students only. The program will provide you an opportunity to gain experience in one of the following areas:

- Administration
- Food Services
- Human Resources/Quality, Health and Safety
- Environmental Services (e.g. housekeeping, patient transport, linen control)
- Volunteers/Nursing
- Property Services (e.g. plumbers, electrician, carpenters, gardeners)
- Allied Health (physiotherapy and occupational therapy)
- Childcare

For further information regarding the tasks associated with these areas please contact your school’s work experience coordinator.

Participation dates

Work experience is offered in one week blocks. The next intake being offered is:

- 29/06-03/07/2015 (school holidays)

September School holidays will be made available later in the year.

Application Process

To be considered, please submit your resume and answer all application questions. If your application is successful, you will be invited for a brief interview. Interviews will be held in the last week of April and the first week of May.

Further Information

If you require any further information please contact your school’s work experience coordinator.

Applications close 19 April 2015.

Greenslopes Private Hospital is a smoke free environment.

UQ Parenting Seminar

TIRED OF FIGHTING WITH YOUR TEENAGER?
STRUGGLING TO DEAL WITH THEIR EMOTIONAL BEHAVIOUR?
COME TO A FREE 2-HOUR PARENTING SEMINAR!

Parents of teenagers aged 11 to 16 years are invited to take part in new research by attending a seminar based on the successful Teen Triple P: Positive Parenting Program.

Parents can choose to attend one of two seminars:
- Reducing Family Conflict
- Coping With Teenagers’ Emotions

As parents can only attend one seminar, please choose the topic that concerns you most.

Dates: Term 1 and 2, 2015
Venues: PCYC Bayside, Carindale, Everton Hills & Inala and UQ St Lucia

Australian Defence Force

Australian Defence Force- GAP Year

Applications for 2016 ADF GAP Year
OPEN - 9am on Monday 2nd March
CLOSE - Sunday 15th March.

Applications can only be completed online.

To apply you must have completed Year 12 and be

Navy - 18 years old by 8th April 2016
Army - 18 years old by 31st May 2016
Air Force - 18 years old by 15th April 2016
Bulimba Women’s Hockey Club

Bulimba Women’s Hockey Club is seeking PLAYERS/COACHES for 2015 Hockey Season. Age groups for... Senior, Junior and Masters Teams. Senior and Junior Girls. Modified Teams. Training held at State Hockey Centre, Lytton Road, Morningside. For further details please contact Kay Barnes - 0418931931 or Grae Boulpheld - 0408386891

Love Your Local Markets

Leo Club

LOOKING FOR AN OPPORTUNITY?

- to develop leadership skills as a project organizer, time manager and team leader?
- to learn how collaboration, teamwork and cooperation can bring exciting changes to your community and the world?
- to make friends and feel the rewards of community service?

Join a LEO Club

Membership is open to young men and women aged 15-30 years. Leo Clubs can be school-based or community-based. Leo Clubs are monitored by, and work in partnership with, local Lions Clubs. Prizes and awards presented to winners of the annual Leo of the Year Quest.

Love Your Local Markets

Love Your Local Markets - Markets are held every Saturday from 8am to 1pm. Markets feature artisan foods, fruits and vegetables, crafts, clothing and homewares. Visit www.loveyourlocalmarkets.com.au for more details.

Confident Kids

Confident Kids resin for Teens & Teens is an innovative coaching program for kids 5-14 yrs who aims to boost confidence, emotional resilience, social skills and brain power. Students discover their strengths, and develop resilient thinking skills to reduce stress, anxiety, worry, or negative thinking. Essential tools to navigate the teen years.

Our team of experienced Psychologists will coach, encourage and support your child to be all they can be! Information and Private health fund rebates apply.

Register and Book online today, at confidentkids.brisbanetennis.com.au. Or contact us at info@confidentkids.brisbanetennis.com.au for more details.

Student Exchange

TRAVEL OVERSEAS

in your summer holidays

with the Lions Clubs International Youth Exchange Program

LIMITED PLACES AVAILABLE 2015

Applications close 30 June 2015 or when places are filled. APPLY NOW TO AVOID DISAPPOINTMENT.

- Lions Clubs International is one of the largest single organizations worldwide.
- The Lions Youth Exchange Program gives Australian youth aged 16-22 years an opportunity to travel overseas independently and safely, to become a member of one or more host families and experience their host countries, cultures, interests and values.
- No school attendance is required overseas.
- Overseas destinations include Europe, North and South America, Asia, Iceland, New Zealand, Scandinavia and Japan. Chartered flights are available in Los Angeles and London.
- Youth to leave host country late November and return late December. Youth to other destinations depart late December and return mid-January.
- Each Australian youth will pay an approximate $3,800 - $6,900 depending on their chosen destination. Accommodation is provided at no-cost by host families associated with Lions Clubs International. Flights are not covered by Lions Clubs International.
- Email Julian Halsey at julianh@simplenet.com.au or online at http://www.lionsclubs.org.au to discuss the application process.
- For more information, download the Guidelines for Australian Youth travelling overseas brochure from the lionsclubs.org.au website.

www.lionsclubs.org.au/ye

Plan prepared by Lions Australia YOUTH Exchange Committee.
WEP Student Exchange

WEP Student Exchange Programs - Applications Open Now

World Education Program (WEP) Australia is now accepting applications from students who wish to participate in 2015/16 exchange programs for a summer, semester or year. Students can choose to study and live with a carefully selected host family in more than 25 countries. Exchange students return to Australia with maturity, confidence, and in many cases, proficiency in another language. If learning another language is not for you, excellent programs to the USA, Canada, the UK and Ireland are also available.

Find Out More

Request an information pack online or attend one of WEP’s information sessions near you. Visit www.wep.org.au to find out more. Early Bird Specials are now available for programs commencing in 2016!

web: www.wep.org.au
phone: 03 9598 4733 / 1300 884 733 (for the cost of a local call)
email: info@wep.org.au

WEP Info Sessions in Term 1

Sunnybank Hills - 25 March ‘15
Visit www.wep.org.au for details.

Date Claimers

March
16th March P&C Meeting
20th March Tomo Cup
25th March Yr 7 & 8 BCC Graffiti & Life Skills Presentation
26th March Open Day Tour
30th March CSC Cross Country

April
1st April Junior Secondary Awards
2nd April Last Day of Term 1
20th April First Day of Term 2
24th April Anzac Day Ceremony
27th April Term 1 Reports Issued
29th April – 1st May Yr 11 Biology Camp

May
4th May Parent Teacher Interviews
5th May Anzac Day
6th May Yr 7/8 Dance/Drama Excursion
12th - 14th May Year 7 and Year 9 NAPLAN
15th May Year 11/12 Physics Excursion
<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>18th May</td>
<td>P&amp;C Meeting</td>
</tr>
<tr>
<td>22nd May</td>
<td>Open Day Tour</td>
</tr>
<tr>
<td>25th – 29th May</td>
<td>Brisbane Eisteddfod</td>
</tr>
<tr>
<td>25th May</td>
<td>Choral Fanfare Heat</td>
</tr>
<tr>
<td>27th May</td>
<td>Reconciliation Week Celebration</td>
</tr>
<tr>
<td>27th May</td>
<td>Australia’s Biggest Morning Tea</td>
</tr>
</tbody>
</table>